What is CMT?

Charcot-Marie-Tooth disease (CMT) is a hereditary peripheral neuropathy that damages the nerves controlling movement and sensation.

With more than 140 genes implicated and growing each year, CMT affects **one in every 2,500** people and is a rare disease with multiple subtypes, making diagnosis complex and care highly individualized.

CMT causes lifelong, progressive muscle weakness, muscle wasting, and sensory loss, primarily in the arms and legs, and can affect other parts of the body. There is no cure or treatment.

Common symptoms include balance and walking difficulties, foot drop, chronic nerve, muscle, and joint pain, fatigue, tremors, abnormal reflexes, sleep apnea, hearing loss, and breathing challenges. Early signs may include toe-walking, frequent tripping or ankle sprains, and difficulty with fine motor skills such as handwriting, tying shoes, or buttoning clothing.

CMTA
Charcot-Marie-Tooth Association

The Charcot-Marie-Tooth Association (CMTA) is a community-led, community-driven 501(c)(3) nonprofit organization with a mission to support the development of new treatments for CMT, to improve the quality of life for people with CMT, and, ultimately, to find a cure.

As the leading global philanthropic funder of CMT research, CMTA unites the community with clinicians and industry experts to accelerate treatment development, investing more than $33 million since 2008.

CMTA improves quality of life for CMT families through education, conferences, support networks, and its global Centers of Excellence and Branch system.

WAYS TO GIVE ★ Learn More & Get Involved: cmtausa.org

There are many ways to support families affected by CMT. Ninety cents of every dollar donated goes directly to CMTA mission programs, and CMTA has earned a four-star, 100% rating from Charity Navigator.